

# THE ISLANDS **FREE** Marketplace

Volume 4 Issue 21

**INTERNET  
MARKETING  
MEDIA CONSULTING** &  
*Turn the page for details*

**RECREATION &  
ADVENTURE**

**SALT SPRING  
VIGILANTES**

**EVENTS CALENDAR  
FREE CLASSIFIED ADS  
EVERY 2ND FRIDAY  
FRIDAY, JULY 23 2010**

**HEALTH  
& WELLNESS**

**MAPS, PUZZLES & EVENTS,  
SCAVENGER HUNT CONTEST**



Photo by S. Poystila

Hosted by David Jaquest, "LET IT BEATLE" draws a large crowd of Beatles music lovers to the Treehouse Cafe where various local musicians took their turns on stage to play their favourite Beatles tunes.

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**"Man unprepared for long trip  
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# Correction, Summer Contest & more to BUZZ about...



We had our facts wrong in our last issue of The Islands Marketplace. New islander Miro Mrozik did not buy the former Stone Walrus Gallery. The building is being leased.

Our apologies for any inconvenience this may have caused to anyone.

I can hardly believe that NO ONE has sent in their answers to the Summer Contest from the last issue. Were the questions too hard?? No, I don't believe it. I have two Rainbow Road 10 visit punch passes, a gift certificate to Pomodoros, Marketplace Cafe and Saltspring Soapworks, sitting here on my desk, begging for a new home..We also have gift certificates for Country Grocer and movie passes to the Fritz as well as a 1/2 day KAYAK PADDLE FOR TWO from Island Escapades... and a gift certificate from Salt Spring Vineyards, Moby's Pub and Falconshead Grill, PLUS a 5 CD Set of Local Musicians

from Salt Spring Sound... and the GRAND PRIZE which is one nights accommodation at the Salt Spring Spa Resort. Come on People!!! THINK!!!! GET the HINT???

We've decided to make the scavenger hunt more exciting... Here's the deal... the first caller who correctly answers this week's clues will be awarded a 10 card punch pass to Rainbow Road Pool and a gift certificate to Pomodoros Pizza. The first person who call's in with the answers to the last issues clues will win a 10 card punch pass and \$25 gift certificate to the Marketplace Cafe. Hurry to win...

Call 537-2905 and leave your answers and your name and number on the voicemail to WIN!!!

I am super stoked to welcome writer Tom Paterson to the Islands Marketplace Team. Check out his first contribution on page 7 and be sure to follow his stories in future issues... they are really exciting to read about the history of our island and area. Thanks Tom.

## OUR NEXT ISSUE:

FRIDAY, AUG. 6, 2010

Advertising Deadline:

Tuesday, Aug. 3, 2010

Circulation: 1800+ printed

## ANNOUNCEMENTS

Introducing...  
**Griffin James Timmins**



Proud Parents are  
**Emily Forbes & Jesse Timmins**  
Griffin was born June 9th at 9:52 am at Lady Minto Hospital on Salt Spring Island. He weighed 7lbs and 11 ounces.

Thanks to the wonderful midwives, Kelly, Maggie & Sawyer and to all our family for their love and support.

*We love you guys!*

## ANIMALS & ACCESS

Alpacas for sale. Males for \$200 each, females from \$600. One female has 2 weeks old baby (cria). Easy to keep. Phone: 250-653-0099. 08-06

Burmese Cat: The McLeods will be moving soon. Beautiful, gentle, loving, Champagne neutered male, indoor/outdoor. Looking for caring home. Very healthy. Shots up to date. Phone: 250-537-9225. 07-23

## ANTIQUES

Antique glass display cabinet, 2 glass shelves, 3 glass sides & top. Was original jewelry case in upstairs Mouats when they sold clothes. Great for a business, 6' long 25" deep, 39" high. \$150. 537-2967. 08-20

Duncan Phye 5 pc dining set w/leaf & harp chairs \$300, Mahogany 40's style china cabinet \$300, Painted Corner Shelf \$80. Please call 250-537-9169 for more info. 08-20

Glass medicine bottles, early 1900s, various sizes and shapes. excellent condition hundreds, most under \$5 each. 250-931-2455. Saltspring. 08-06

1930's radio; General Electric. Working condition, 75 watts, 4 bands, standing floor model. All original. Excellent condition. 250-931-2455. Saltspring. 08-06

Antique aladdin lamps up to \$200 plus miscellaneous parts. Phone: 250 537-9774. 07-23

## APPLIANCES

Food slicer and espresso machine, \$60. Horizontal Breadmaker, \$30. 250-537-1332. 08-20

please recycle

## Classified Listings

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## ANNOUNCEMENTS

**Simone,**

*Thanks for being such a good friend, and fun person to work with. No one will ever get what "Gangsta Dishes" is really all about!*

*We are all going to miss you in the kitchen and on the island. Cheers! & best wishes to you and David in your life's journey...*



## ANNOUNCEMENTS

# SCAVENGER HUNT CONTEST JUST GOT EASIER. PG. 17

THE ISLANDS  
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### About The Islands Marketplace:

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**APPLIANCES**

Quality Maytag washer & dryer set, like new condition, direct drive motor, several settings includes gentle wash and end of cycle indicator. Heavy Duty set, white, easy access large doors. \$325.00 /set. 250-537-1804. 08-06

30 gallon used hot water tank, great condition \$80 o.b.o.-538-7676. 08-06

Whirlpool white washing machine in excellent working order and condition, compact 22" square plus waste and water hoses at back. (Cost \$800), \$100. Call 250-537-1427. 07-23

medium sized Kenmore refrigerator, works well. \$75 obo. Phone: 537-9774

Kenmore frig about 20 sq ft good condition. \$175 obo. 250-537-9774. 07-23

**AUTOS FOR SALE**

1991VW Jetta TDI, good get around car, amazing on fuel ,white, new struts, sun-roof, new starter, good front tires, some rust. \$1200. Phone: 250-653-2039

84 VW Jetta diesel. Awesome engine, 176 k, New bosch alternator, new bosch glow plugs, new rear brakes, new rad hoses, runs well, needs a windshield, headlight wiring 600 dollars. Phone: 250-538-2026. 08-20

2006 Ford Escape XLT, 75 kms, V6, 3.0L, Automatic, 2 by 4, Front Wheel, Power steering, Brakes, Seats, Windows, Locks, Mirrors, Air Conditioning, Tilt, Cruise, 6 Disc CD, Rear Defroster, Alloys, (extended warranty included up to 100,000 kms at sale price of \$16,849. Very nice, lady driven. 250 931-5558. 08-20

**WIN GREAT PRIZES!!!**

**Check out the Scavenger Hunt Contest on page 17**

**AUTOS FOR SALE**

87 Toyota tercel hatchback for sale. Full length bed frame in back with custom cut, brand new mattress, full coverage curtains and custom pillows. Recently had brakes done and a new fuel filter put in. Asking \$1,600 obo...Contact: tpearse@hotmail.com. 08-06

1988 Toyota pickup single cab long box, blown head gasket Parts or repair \$150 o.b.o. Phone: (250)-538-7676. 08-06

1992 Mazda b2600i 4x4 works, few dents no rust motor is in ruff shape Parts or repair. Phone: (250)-538-7676. 08-06

1996 Dodge Caravan, \$2500. 537-2085. 08-06

1973 Datsun 240Z as seen at the Canada Day car show. New 2.8 liter w/ less than 20 km. Ported polished head. ceramic coated headers. Alum flywheel. polished intakes, new clutch, Alpine stereo w/ amp. Reccaro seats.

In great shape for a 37 year old classic. \$9,800 250-537-8428. 08-06

1985 Econoline Cube Van. 14 ft Box, Ford. \$3000.00 OBO. Phone: 250-537-5836. 08-06

0 kms on a rebuilt engine straight out of the VW shop in Victoria. New brakes, windshield and paint touch ups. Sleeps 4 with the pop-up. Set up for propane stove. Sink and fridge. Tinted windows. A dream van for the adventurer or the whole family. Step into your new rolling hotel- restaurant and see the world. We love it and you will too! Must sell ASAP! Call anytime Gray 250-538-7256 or jen 538-7152. blissed.jen@gmail.com

1981 Mercedes 300 TD Station Wagon for sale. Diesel, new all weather tires, some rust spots, runs OK..except power windows need new switch. Pretzel motors can order. Sun roof, navy Blue, 300 KM. Makes for a good Island car. Asking \$3,500. call 250 - 537-1006. 08-06

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# The Islands Marketplace CALENDAR OF EVENTS

## FRIDAY, JULY 23

Salty Wheels Square Dance Weekend-square dancing extravaganza at the Farmers Institute.

Sunyata plays at Moby's

"Grown Ups" and "Get Him to the Greek" starts tonight at the Fritz Cinema. Call 537-4656 or www.thefritz.ca for times.

Live music and wine tastings at Salt Spring Vineyards, Lee Road. www.saltspringvineyards.com

Billie Woods at the Treehouse.

Fiddleworks concert and family dance at the Salt Spring Centre. 7pm

Arentine Tango from 8 to 10pm on the top floor at the Core Inn. Beginners welcome.

Simone and the Soul Intentions at Shipstones Pub.

Live Jazz with Randy and Karen at Harbour House Hotel.

## SATURDAY, JULY 24

Dad 'n' Me - Meet and eat pancakes with dads & kids at Family Place at 120 Park Dr, 8:30-10:30am 537-9176.

Interchill's DJ at the Pub in Fulford.

"Know Your Rights and How to Use Them" - "Housing Rights" Free Outdoor Talks from 2pm to 4pm at the United Church Meadow

Paul Bram at the Harbour House lounge from 6:30pm.

Painter's Guild summer show at ArtSpring. Now to Aug. 2

Daniel Howlett at the Treehouse.

Chamber Music Festival at ArtSpring at 8pm. 537-2102 for info.

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

Pender Island Farmer's Market at Pender Island Community Hall. Local farmers, craftspeople and vendors, Live music with CHEEK at Mobys

Alan Moberg at the Treehouse Cafe.

Randy's Vinyl Tap Radio Show 7-9 pm on CBC Radio 1, Sirius Channel 137

## SUNDAY, JULY 25

The Millionaires- Blues, R&B at the Hastings House - Summer Concerts on the Lawn series. 537-2362 to reserve.

## SUNDAY, JULY 25

Foxglove Farm Festival at 1200 Mount Maxwell Rd. from 12 to 6pm. www.foxglovefarmbc.ca

Jazz with the Lloyd English Trio at Moby's Oyster Bar & Grill. 7pm to 10pm.

The McLeans, present an afternoon of Songs at All Saint's Church at 2:30pm.

## MONDAY, JULY 26

Toastmasters at 7pm at the Harbour House . 537-2581.Guests Welcome.

Terry Warbey at the Treehouse.

Kids Camp at the Community Gospel Chapel frm 9:30 tonoon, ages 4 to completed Grade 4. \$10/child per week. call 537-2622.

Sand Mandala artist Lama Tenzin Tsundu creates sand mandala, publis viewing from 10am to 6pm at duck Creek Gallery at 181 Broadwell Rd.

## TUESDAY, JULY 27

Open Stage at the Treehouse Cafe with David Jacquest.

Paddle and Play at Lakeside Gardens, 1450 North End Rd. 10am. Info at 537-9176. Toddlers, babies and guardians.

Pianist Yaron Kohlberg at ArtSpring Theatre at 8pm. 537-2102 for info.

Farmer's Market in the Meadow at United Church Meadow on McPhillips Ave. from 10am to 2pm.

## WEDNESDAY, JULY 28

READING ROCKS! Summer Reading Club. Rocky Reads. 10:30am at the SSI Library. Ages 6 - 11 years

Sean Ashby at the Treehouse.

## THURSDAY, JULY 29

John Lefebvre & the Stonehouse Ravens at Mobys.

Green Drinks is at the Harbour House Hotel, 5pm-8pm - Featuring Transition Town Display and Give-away of Eearth by Bill McKibbon!! (www.i-sea.org).

Rawsome Kitchen's "Not A Café and Cuisine to Go".between 11 and 3 at 854 Long Harbour Rd. Watch for the 50km sign and our temporary sign.

Salt Spring Centre's Family Yoga Retreat now to Aug. 2. www.saltspringcentre.com or 537-2326 for more details.

## FRIDAY, JULY 30

The Rocky Horror Picture Show LIVE at the Fulford Hall at 8pm. Tix at Acoustic Planet Music.

## FRIDAY, JULY 30

Comox's 28th Annual Fabulous Filberg Festival, arts, crafts, food and fun Info at www.filbergfestival.com or call 250-334-9242.

## SATURDAY, JULY 31

The Rocky Horror Picture Show LIVE at the Fulford Hall at 8pm. Tix at Acoustic Planet Music.

"Know Your Rights and How to Use Them" - "Police and Victim Rights" Free Outdoor Talks from 2pm to 4pm at the United Church Meadow

Salt Spring Centre Family Yoga retreat with concert by renowned Indian musical G.S. Sachdev. from 7:30pm. Call 537-2326 for info.

Saturday Market in the Park at Centennial Park in the Heart of Ganges.

Red Tree Gallery's 5th Anniversary celebration from 2 to 4pm at Hope Bay on Pender Island.

100 Mile Green Medicine With Master Herbalist Don Ollsin. hands-on weekend workshops on the medicinal, culinary and spiritual use of local herbs. For p rice & Registration call 250-538-1911.

## SUNDAY, AUG. 1

Rainbow Road Pool - Twoonie Swim from 1:30 - 5:30. 537-1402 for info.

Galiano Museum art auction at the south community hall from 12pm, auction at 2pm. 250-539-2310 or visit www.galianomuseum.ca

Live JAZZ music (3 to 5pm) and wine tasting at SS Vineyards at the top of Lee's Hill. Open 11 to 5pm daily.

100 Mile Green Medicine With Master Herbalist Don Ollsin. hands-on weekend workshops on the medicinal, culinary and spiritual use of local herbs. For p rice & Registration call 250-538-1911.

Jazz Night at Moby's Oyster Bar & Grill. 7pm to 10pm.

Jazz on Pender with the Ross Taggart Quartet at the Morning Bay Vineyards from 7:30 to 10:30pm on Pender Island. Invo at 250-629-8351.

Summer of Love Yoga Festival - 5 day retreat at the Shanti House Garden Yoga Yurt on Denman Island. Info at 250-335-9141 or www.shantihouse.ca

## SUNDAY, AUG. 1

The Rocky Horror Picture Show LIVE at the Fulford Hall at 8pm. Tix at Acoustic Planet Music.

## TUESDAY, AUG. 3

Open Stage at the Treehouse Cafe with David Jacquest.

Gene Grooms performs live at the Harbour House Hotel from 6:30-pm

## WEDNESDAY, AUG. 4

Listen to The Alan Moberg Show, Wednesdays at noon 107.9 fm or www.cfsi-fm.com

READING ROCKS! Summer Reading Club. Read A Ruckus. 10:30am at the SSI Library. For children ages 6 - 11 years.

Live music (2 to 4pm) and wine tasting at SS Vineyards at the top of Lee's Hill.

Yoga with Dorothy Price at the Gatehouse, Stowel Lake Farm 9am.

## THURSDAY, AUG. 5

Rawsome Kitchen's "Not A Café and Cuisine to Go".between 11 and 3 at 854 Long Harbour Rd. Watch for the 50km sign and our temporary sign.

Concert on the Green featuring the Timebenders, at the Lions Club 14th annual family fun at the Golf Club from 4pm. visit www.lions.gabriola.org.

## FRIDAY, AUG. 6

Allison Crowe summer concert supporting the SSI BC SPCA. 8:00pm at ArtSpring. www.allisoncrowe.com

The Rocky Horror Picture Show LIVE at the Fulford Hall at 8pm. Tix at Acoustic Planet Music.

Pick up your copy of the Islands Marketplace today.

## SATURDAY, AUG. 7

Dad 'n' Me - Meet and eat pancakes with dads & kids at Family Place at 120 Park Dr, 8:30-10:30am 537-9176.

The Rocky Horror Picture Show LIVE at the Fulford Hall at 8pm. Tix at Acoustic Planet Music.

Huge Kids Swap Meet - Saturday, August 7, 8:30-1pm, at the Co-op Preschool on Aldous Road.

Saturday Market in the Park at Centennial Park in the Heart of Ganges, Fresh organic produce and creative local arts & crafts.

## UPCOMING EVENTS

Send your free community event to info@islandsmarketplace.com

\*\* ALL EVENTS LISTED ABOVE ARE LOCATED ON SALTSRING ISLAND, UNLESS OTHERWISE NOTED.

Advertise your event here! Email : info@islandsmarketplace.com for the next edition - Aug. 6

**AUTOS FOR SALE**

1969 Rover TC2000 3 cars, 2 drivers, 1 parts, package deal, trade for motorcycle, \$3500. 250-538-8444. 07-23

Sell your car in The Islands Market-place... for free.

**BIKES**

2008 Norco Sasquatch, medium, never used. \$750. 250-653-9827. 08-20

Motorino electric scooter, 2 years old, 770kms, suitable for town use, \$1200 obo. Doc at 250-653-9688. 08-20

Bicycle 2008 JAMIS Commuter 2 bike for sale - exc. condition - new \$650.00 - best offer - 250-537-2292. 08-06

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**BIKES**

Folding 3-speed bike with dynamo (just pedel and you have light, no battery needed). When folded will fit into very small car - great for "Park and Ride" \$25. 250-537-1427. 07-23

**BOATS AND MARINE**

Boat/ utility trailer \$20, at this price, yes, it needs work!! 537-2950.

16 foot rowing and motoring handbuilt boat. Made of plywood, fiberglass cloth and cedar framing. Yr 2005 in good shape. \$300. 250-537-7197. 08-20

6 horse evinrude short leg needs clean up but runs \$250 obo. 538-7676. 08-06

28ft sailboat wooden with diesel motor, \$4500 or trade. 537-2085. 08-06

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**Mark Rithaler 537-4978**

## BOATS & MARINE

16ft bowrider with 70 hp Evinrude, 4 hp Merc kicker, galvanized trailer. Boat, motors and battery maintained regularly and in good operating condition. Boat is registered and comes with safety kit three portable fuel tanks and rod holders. \$4500. (250) 537-5977 (eves.). 08-20

7.5 Evinrude Outboard Motor for sale. 2-stroke. Recently serviced with New Water Pump & Spring Tune up. Runs Great! Comes with Gas Tank & fuel line. Selling only because we have a larger boat now. \$640. 250-537-4149. 07-06

PRICE REDUCED - Mini Tug for Sale - 21 foot Ranger Mini-tug. Excellent seaworthy vessel with 18 h.p. Yanmar diesel. Price includes Road Runner trailer. New bilge pump, starter motor and battery installed last year. Will cruise for one hour on one quart of diesel fuel. Sleeps two and could handle up to five fishermen at a time. Asking \$27,400. Phone 250-537-5224.. 08-06

17ft Bayliner Speed boat. Volvo 4cyl inboard outboard with 280 leg. Approx 140 HP 211 hour in 18 yrs of ownership. 5HP Kicker, Walk through windshield. Hydraulic trim tabs... Full fabric top, no rips in seats, Depth sounder, VHS radio. Anchor, Life jackets, 4 bumpers, Tool box, Spare fuel tank, Spare Prop. 1994 Highliner Galvanized boat trailer.. All in good condition. 250-896-0195. 08-06

## BUILDING SERVICES

## BOATS & MARINE

16' Kevlar Clipper Canoe (manuf. by Western Canoeing, Abbotsford), virtually indestructible, \$950. 537-9215. 08-20

Two LLBean Classic Kayaks. Barely used. These are comfortable single kayaks for easy recreational paddling in calm or lightly windy weather. \$300 each or both for \$450. Email: sjt1234@aol.com. 08-06

16ft. 2005 plywood wooden boat, with fiberglass, with movable cab, in Fulford \$350. 250-537-7197. 07-23

Wanted to buy: 3 axle boat trailer for 6 ton, 26 ft. boat with 8ft. beam 250-751-6141. 02-19

## BUILDING ITEMS

3 structural beams, 2"x18" deep microlam 24' long. 250-537-1332. 08-20

Scaffolding complete with planks, (metal frame), braces, wheels, jacks, etc. 250-537-1332. 08-20

Double stainless steel kitchen sink with taps. \$25. 28" RCA TV in cabinet. 250-537-5197. 08-20

Black aluminum staircase with pickets and rails for 14 stairs and landing. (new). \$700. 250-537-1717. 08-20

Complete set of roof trusses to be given away. New style roof being installed. All in really good condition. Enough to cover a span of 30ft by 30 ft approx. phone or e mail aubreyark@gmail.com. Phone: 250 538 0912. 08-06

## BUILDING ITEMS

Complete bathroom suite to give away. Shower cubicle, toilet pan and jacuzzi tub. Cream colour. About to be removed for renovation. aubreyark@gmail.com. 250-538-0912. 08-06

Kindred stainless steel single sink with strainer, single lever control tap; Moen single lever control tap for vanity. All for \$30. 250-537-1427. 07-23

## CAMERAS

Cannon Elph zoom lens camera. Advanced Photo System. Film available at London Drugs, (inter alia) Excellent condition. Your offer? 250-537-1427. 07-23

## CAMPING

Woods sleeping bag, 34" x 78" with hood, never used, \$25. Kettle with spout, 5 litres, for camp or woodstove - \$5. 250-537-1427. 07-23

## CHILDREN'S ITEMS

Graco stroller, hardly used, \$80. 537-2967. 08-20

Doug & Melissa brand magnetic Responsibility Chart, \$25. Lighted tracing table - Disney Princess - still in box, works great. \$10. Kids pink umbrella, \$1. Princess back pack - large size, worn but very usable. \$5. Barbie with suitcase and many clothes, \$5. 537-2950. 08-20

 please recycle 

## BUILDING SERVICES

## CHILDREN'S ITEMS

BABY ON THE WAY? Huge box of various baby proofing items, \$15 for box complete. nursing pillow, Baby mobile, \$10. What to expect when you're expecting, \$5. Baby einstein toys, baby rattles, teething rings, receiving blankets... Winnie the Pooh crib bumpers, Other Crib bumpers, baby quilts and linens. AVENT bottle warmer, \$5. baby girls clothes 6-12 months. Call 537-2950. 08-20

Toys in very good condition for babies and toddlers. girls items, . 537-2950

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# THE COWICHAN CONNECTION

## Saltspring vigilantes ended rustlers' reign with guns blazing

If the pioneer Saltspring Island settler for whom Mount Maxwell is named had been asked to present his resume, it's unlikely that he would have listed vigilante among his achievements. Yet such he was, once. It was John Maxwell who, with his equally frustrated neighbours, brought Cowichan renegade John McCawley's career to a close, sudden-like.

Mystery surrounds McCawley's early adventures. An Englishman described as tall and handsome, with a "fine, curled, waxed mustache, which he would twirl with his fingers as he ogled the ladies," he arrived on Vancouver Island by way of Hawaii, San Francisco and New Westminster.

He'd had to depart Hawaii in a hurry—something about embezzlement—and he was only a step ahead of San Francisco's infamous Vigilance Committee when he again had to high-tail it, this time to the greener pastures of the future British Columbia. Here, after charges of assault were dropped, he set out to make his fortune as an unlicensed whiskey trader.

McCawley (or McCauley) did more than make a nuisance of himself, if you believe Capt. John T. Walbran. According to the author of the classic reference work, British Columbia Coast Names, John provoked the history-making

Fraser River gold rush. Arrested for bootlegging, McCawley showed his captors a small treasure in gold dust that he'd acquired in trade from Lower Mainland natives. The British seamen ultimately told others and the rest, as they say, is history. Although not all historians agree with Walbran's version, if true, this would make John McCawley the godfather of B.C.'s mining and tourism industries.

His next brush with notoriety occurred in July 1860 when he and 14 Bella Bellas landed their canoe at Ganges Harbour. McCawley accompanied settler Henry Lineker to his nearby cabin, leaving his companions (nine men, three women and two children) on the beach. As 50 Cowichans, hereditary enemies of the northern tribesmen were present, this proved to be an unfortunate move. No sooner did they reach Lineker's cabin than they heard gunfire.

It continued for an hour, by which time eight of the Bella Bella men were dead, the women and children taken captive. At least 200 shots were fired, thought Lineker—"some of the bullets flying close to our heads". The lone surviving Bella Bella male, shot three times, managed to escape with Lineker's

help. The Cowichans, he concluded with regret, hadn't lost a man.

Upon Lineker's return to his cabin to see to his family, he found McCawley had beaten him there and stolen his double-barrelled shotgun.

When next McCawley turned up, he was keeping company with the very Cowichans, it was thought, who'd perpetrated the Ganges Harbour slaughter. Rumour had it that the Bella Bellas had been transporting a valuable cargo of furs to Victoria and that this was the real motive for their murders. The logical inference was that the renegade whiskey trader had set up his travelling companions for robbery and worse.

By the spring of '67, McCawley's named was linked to a years-long series of robberies and cattle rustling. Saltspring Islanders such as Burgoyne Bay's John Maxwell pleaded for help from the authorities in Victoria. When no response was forthcoming and his neighbours' cattle continued to go missing, Maxwell vowed to put a stop to the crime wave.

With a dozen neighbours he set up an ambush on the slopes

of Baynes Peak. Although heavily outnumbered, they had the advantage of surprise and when they opened fire from their hiding places, the raiders fled in panic. McCawley was among the retreating rustlers and, back at the beach, he flung himself into a canoe.

A fatal mistake, as his accomplices, believing he'd betrayed them, stabbed him and dumped his body over the side.

As stated, Mount Maxwell recalls the pioneer who ultimately proved to be McCawley's nemesis. Victoria's McCauley Point, it should be pointed out, takes its name from an officer of the Hudson's Bay Co. The maps pay no such honour to Cowichan's outlaw, John McCawley.



By Tom Paterson  
(c) 2010 All Rights Reserved  
No. 1 In A Series

About Tom For more than 40 years T.W. Paterson has been writing about British Columbia history: 26 books and thousands of magazine and newspaper articles. That's millions of words.

He is perhaps best known for his books on B.C. ghost towns, published in the '70s and 80s. As well, he has written extensively on shipwrecks, crimes, mining and our more colourful characters.

He presently writes two weekly historical newspaper columns for the Cowichan Valley Citizen, Duncan, and is working on two new books to be released this year.

Saltspring Islanders such as Burgoyne Bay's John Maxwell pleaded for help from the authorities in Victoria



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One of our most pleasurable ways to spend the day is just taking the kids, the kayaks and the dog to one of the 4 or five beaches

that are less than 2 kms from our doorstep.

Funny, When we first moved here, we couldn't find any good beach accesses, and now we have to ask ourselves, which beach should we visit today. And still we continue to find new places to explore every year.

It is a great feeling to share our little island paradise with our guests who like to visit. Not only that, but it is kinda fun to "brag" a little about what a cool place we live in.

People who vacation at home or "STAY-cation" can save lots in

the cost of hotels and accommodations, but we are also strengthening our unique island economy.

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But sometimes it makes healthy sense to stay in a local hotel or B&B and really treat yourself. You can even go on a Yoga retreat on Salt Spring Island.

It was when my babe was about 8 months old and I was convinced I needed a full 8 hour sleep, when I stayed at a local hotel for a delightfully peaceful and very rewarding full nights sleep.

Salt Spring has many great, affordable places to escape to, for a night or longer. Check out the great specials that Harbour House is offering for Sun. to Thursday visitors.

Relax, enjoy summer. Embrace the season. golf, eat out, listen to live music, go sailing or kayaking and reward yourself. You work hard and you deserve it.

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THE ISLANDS MARKETPLACE RESTAURANT REVIEW: CALVIN'S BISTRO

# A Winning Combo of Great Food & Excellent Service

Calvins Bistro was the first restaurant we tried when we moved to Salt Spring Island 7 years ago. Now with a larger family, we happily returned and were welcomed by Swiss owners Hermann Orth and René Widman.

Our server, Jena, was making sure everything was perfect before opening the doors for the dinner guests. The tables were set with burgundy linen napkins and the glasses were glistening in the setting sunlight. The brightly coloured flower beds and original artwork from Gallery 8 in Ganges created the scene for a wonderful dining experience.

It was a beautiful Friday evening so we chose to eat on the licensed outdoor patio, overlooking the Harbour and Rotary Park. We each ordered the German beer on tap "Warsteiner," while we looked over the menu.

Known for their fresh ingredients and succulent seafood dishes, Calvins menu had lots of choices including Fresh Rack of Lamb, Cannelloni Pomodoro, Beef Tenderloin and Lean Pork Loin Schnitzel (which is all highly rated by their regular patrons). It was so difficult to choose. Luckily Chef René came to our table to help us decide. I chose the evening's special: Fresh Wild Halibut, Pacific Salmon and Prawns combo with a brandied lobster sauce. My partner Andrew picked the Pure Beef Burger and our two girls shared the chicken strips from the kids menu.

First we started with some fabulous appetizers: Thai Combo Platter with Coconut Prawns, Pork Spring Rolls & Prawn & Scallop Won-Ton with Sweet & Sour Dipping Sauce as well as the highly recommended Wild Sockeye Salmon Tartare with Won Ton Crisps.

Being a seafood lover, I've tried many varieties, but the tartare was something totally new for me and I wasn't 100% sure if I'd like the raw salmon dish. I was pleasantly surprised to find it extremely creamy and very tasty. While thoughtfully prepared and garnished with huge succulent roe, it was not overly 'fishy' or too salty. Served with the won ton crisps, even my fussy kids liked it.

Andy shared his appy platter, which had plenty for everyone to try. The spring rolls were crispy and melt-in-your-mouth good. I could see myself ordering these for take out and Hermann mentioned that they did offer take out dinners and appetizers as well as complete catering services.

Both Hermann and René trained as chefs, but Hermann's expertise is in restaurant management. He finished his waiter apprenticeship program in Geneva, where he learned the value of good service. Andy noticed the restaurant filling with dinner guests and how Hermann personally greeted each and every one and continued to check on them during their meal. It is clear to us why they are known as #1 for friendly and efficient service.

Our food did not take long, it was piping hot and as fresh as could be. The salmon and halibut were perfectly cooked, flaky, moist and tender. It came with fluffy mixed Red Thai & white rice and delicious crisp vegetables (beets, carrots, peas, zucchini, potatoes and peppers). Andy, who loves his burgers, thought that Calvins was easily the best on the island.

Chef René takes a lot of pride in making his own sauces and stocks for all his dishes. They use fresh locally grown ingredients & herbs, serve local wines and make all their decadent deserts themselves, on-site! Before he became too busy that evening, he shared with us his passion for cooking - he seems well organized and obviously very talented with a true sense of what quality dining is. Fresh, beautiful & delicious, every plate brought to us was as fresh as possible, tasted amazing, was garnished beautifully, and was presented with personality.



René started his cooking apprenticeship in Switzerland at an early age and since moving to Canada has worked in eateries in Montreal and at the Hyatt Regency and the Georgian Court in Vancouver before partnering with Hermann to start Calvins Café in West Vancouver. They began Calvins Bistro on Salt Spring Island 11 years ago. Now with over 19 years combined experience and a fabulous long term staff, they continue to please local patrons and many visitors who return often.

Calvins is well known for their Fresh Halibut & Chips and when a fish & chip loving skipper who cruises local waters did his own survey of his favourite marina eateries around the Gulf Islands, Calvins topped the list for best batter, best fish, best service, best price... even best coleslaw!

For our desert we had the Swiss Meringue au Chocolate with vanilla ice cream, whipped cream and chocolate sauce, as well as the must for chocolate lovers (that's me) the Belgium Chocolate and Grand Marnier Pâté. They were both really delicious, rich and decadent. The chocolate pâté was amazing and the Meringue was not too crunchy, but melt in your mouth yummy.

It was so nice to meet such a passionate and caring team. They work hard together to be one of the islands best restaurants - they take a lot of pride in their bistro, their food and their service - they support local artists, food growers and vintners.

Hermann, René and their staff were easy going and patient, making us feel really comfortable, even when our kids were getting a little fussy! With appetizers from around \$5 and up, and entrees from \$12.75 and up, the prices were accurate for the level of food quality, surroundings and service.

We would definitely recommend anyone to try Calvins for lunch or dinner, with wheelchair access, lots of parking nearby in the heart of Ganges and indoor or outdoor seating, you will be very pleased with your choice in dining locations.



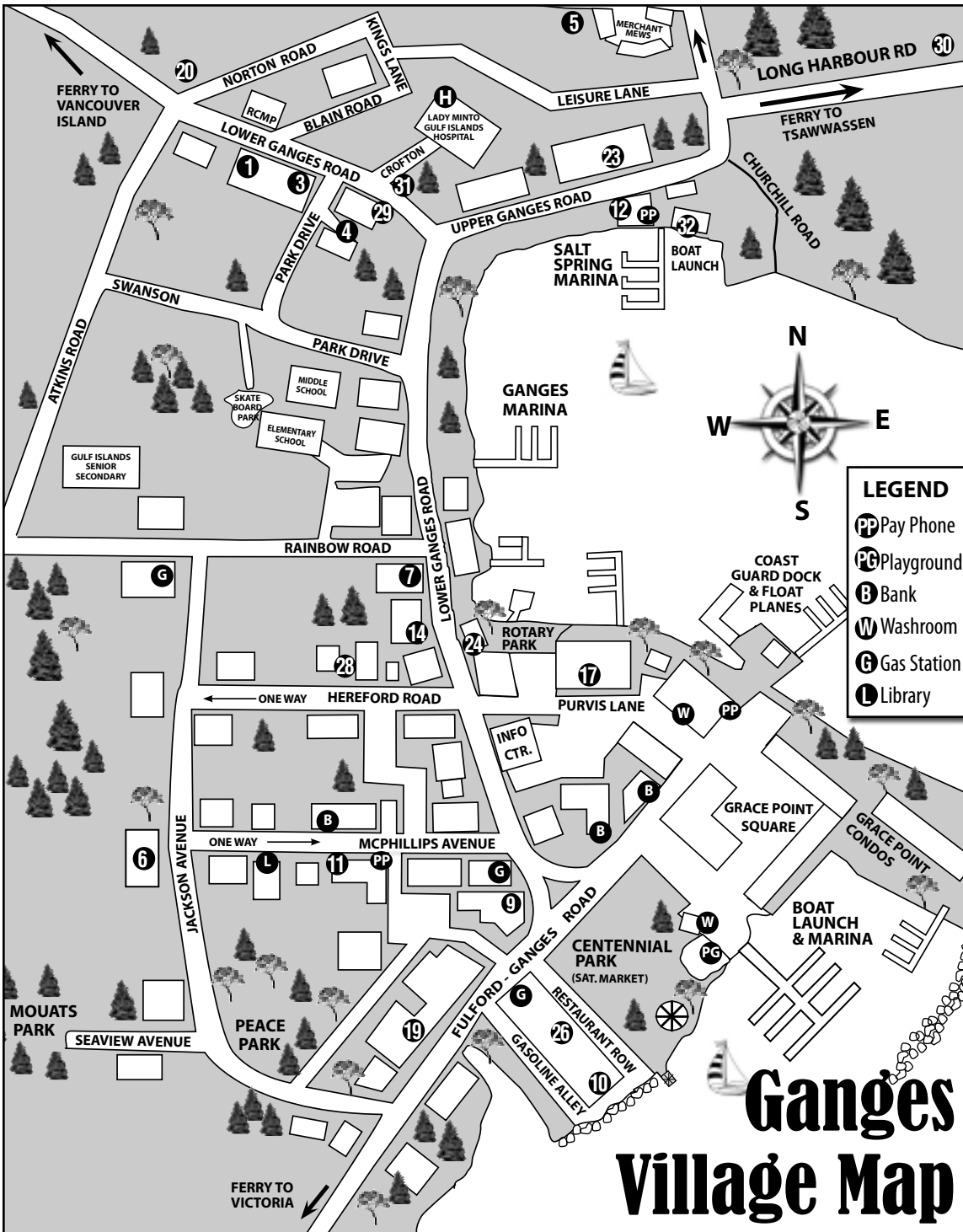
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Answers on Page 18 of this issue

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The Islands Marketplace **CROSSWORD PUZZLE**

Answers are on pg18.

Provided by BestCrosswords.com Used with permission.

**Across**

1- Apply powder to oneself; 5- Type of gun; 9- Hue; 14- Banned apple spray; 15- Game played on horseback; 16- Love, Italian-style; 17- Bones found in the hip; 18- Hilarious; 20- Immature insects; 22- Flightless bird; 23- Swank; 24- Pearl Mosque city; 26- Formerly, formerly; 28- Dwarf; 32- Prayer; 36- Hail, to Caesar; 37- AKA; 39- In reserve; 40- Sod; 42- Adlai's running mate; 44- Will of "The Waltons"; 45- Mamer's creator; 47- Favored; 49- 6th letter of the Hebrew alphabet; 50- Posterior; 52- Liquid hydrocarbon; 54- Exchange; 56- Anger; 57- This, in Tijuana; 60- Mark of Zorro; 62- Apportions; 66- Ragtime dance; 69- Part of Q.E.D.; 70- Staggering; 71- Cross inscription; 72- Basic monetary unit of Ghana; 73- Decline; 74- Side; 75- Boris Godunov, for one;

**Down**

1- Follow; 2- \_\_\_\_\_ breve; 3- Den; 4- Neck scarf; 5- Little ball; 6- Plaything; 7- Additional; 8- Words of denial; 9- Automobile; 10- Omissive; 11- Bananas; 12- Algerian port; 13- Be dependent; 19- Basic monetary unit of Greece; 21- Turkish honorific; 25- Not quite right; 27- Hit sign; 28- Spud; 29- Small egg; 30- Reason for a raise; 31- Fabric hand-dyeing technique; 33- Sift; 34- Body of salt water; 35- Audacity; 38- Passover feast; 41- Abandoned; 43- In a specific order; 46- Shooting marble; 48- Child's toy; 51- Slothful; 53- Chose; 55- Minor, in law; 57- Greek letters; 58- Chapter of the Koran; 59- Deuce topper; 61- Sea eagle; 63- Minerals; 64- I did it!; 65- Agitate; 67- "Hold On Tight" band; 68- Man-mouse connector;

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WOMEN'S WRITING RETREAT: with editor Lorraine Gane. Sat. Aug. 14-Sun.-Aug. 15 (10 am - 4 pm). 250-537-5294.

Toastmasters of Salt Spring meet every Monday 7PM at the Harbour House Crofton room. Interested guests welcomed. Info:537-6934.

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Huge Kids Swap Meet - Saturday, August 7, 8:30-1pm, at the Co-op Preschool on Aldous Road.

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**COMPUTER SERVICES**

**COMING EVENTS**

Crofton Market - Local Artisans, Beside Ferry Terminal from Saturday, May 1st till Saturday, September 4th, 2010, 9:00 a.m. to 2:00 p.m. To Become a Vendor or For More Information croftonmarket@live.com, 250-246-8848 or 250-416-0542.

Tuesday, July 27 8pm- YARON KOHLBERG at Artspring Theatre, 100 Jackson Ave., Yaron Kohlberg is one of Israel's leading young pianists. call 537-2102.

"Know Your Rights and How to Use Them" - A series of FREE outdoor talks for the public on their rights, and how to use them featuring expert guest speakers at the Meadows (behind Island Savings) from 2pm to 4pm. Saturday 24th July: Housing Rights; Sat. 31st July: Police and Victim Rights; Sat, 14th August: Healthcare Rights; Sat. 21st August: Welfare Rights; Sat.28th Aug.: Parents and Kid's Rights.

Rawsome "Not A Café and Cuisine to Go". Every Thursday until... September? we are ready to welcome you to the Rawsome raw kitchen. We would love to see you between 11 and 3 at 854 Long Harbour Rd. Watch for the 50km sign and our temporary sign.

Ozzy and Harriet are at it again... Mark Aug. 21st on your calendar and keep reading The Islands Marketplace for more details soon.

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We recently asked Valri Cunningham a couple questions about being a Personal Trainer. Here is the Q and A.

**Islands Marketplace:** Why did you want to be a Personal Trainer?

**Valri Cunningham:** I decided to become a personal trainer so that I could help people reach their fitness goals safely and more efficiently. I had a personal trainer for a year and a half. She helped me reach my goals and get into a routine of going to the gym regularly. Without that training I know I wouldn't be confident enough to go to a gym on a regular basis.

**IM:** What is the Best Part of being a Personal Trainer?

**VC:** My favorite thing about personal training is that everyone leaves feeling good. I love it when people tell me that they are getting firmer, having better posture and feeling more confident in their body. Most importantly are that people are getting healthier which makes them happier. It is an amazing and rewarding job.

**IM:** Where do you train with your clients?

**VC:** I can train you at your house or outside if you have the equipment. I prefer training at Living Strong Studios because they have the most amazing and modern equipment in all of BC. We are so lucky to have a gym with that kind of equipment on Salt Spring.



**IM:** Do you offer walking/ running programs?

**VC:** I do offer walking and running programs. The times are flexible and I can do this with a group or 1 on 1. I can also strength train in groups of 2-3 people so that it is more affordable.

**IM:** What kind of training/studying did you do?

**VC:** I am an ACE Certified Personal Trainer. I studied online, it only took 5 months. Then I took a written exam in Vancouver and passed. I learned a lot about Personal training from Sheena Bull, owner of Living Strong Studios, she was my trainer for a year and a half. Now I am studying to become a Lifestyle and Weight Management Consultant.

**IM:** Is it all about weight loss?

**VC:** Strength training is not only about losing weight, there are so many benefits. Improving your mood, getting stronger, leaner, improving posture, getting more confidence and self esteem, preventing heart disease, preventing injuries, getting more energy and focus for the day. When you learn to reach fitness goals, it helps you reach your goals outside of fitness.

**IM:** Is it very expensive?

**VC:** Personal training can be expensive, I am not going to lie. Think of it as an investment to your health. And if you are healthy you are less likely to get injured and be out of work. You will be less likely to pay for those expensive prescription drugs. Can you put a price on your health?? This is why I offer group training as well, because I know that times can be tough.

**IM:** What ages do you train?

**VC:** I can train all ages. I find the fifteen year olds don't have the attention span, and I probably won't train younger than that. Most definitely I can train from ages 16 to 100. It is so important if you are 50+ to strength train, because that is when your body will turn against you if you haven't been exercising. Building strength will also maintain your independence.

**IM:** Do you offer any deals or special discounts?

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# Health & Wellness CONT'D

• MEDICAL SUPPLIES & SCOOTERS • CHIROPRACTOR • EXERCISE • DIET

## Continued from Previous Page

**VC:** The first visit is Free! This is your opportunity to see if personal training is right for you, and you can express any concerns or questions that you have. It also makes your first time going to the gym more comfortable and less scary

The Specials right now for personal training are the group training sessions, where you split the cost for the trainer! The yearly cost for Living Strong Studio is \$37.50 a month, such a good deal!

**IM:** How long does it take to see results?

**VC:** You can expect improvements/results within the first month of personal training, you will feel more confident when going to a gym, you'll experience more energy and improved mood. The long term improvements/results are weight loss, improved strength, doing activities of daily living (ADL's : climbing stairs, house cleaning, gardening, grocery shopping, travelling with suitcases) with more ease because your muscles are stronger.

You can take personal training for as little as a month to as long as a year or more. I recommend seeing a trainer twice a week for maximum benefits. Each session is an hour with warm up and cool down included.

Call me anytime at 250-538-7447 to arrange your first visit!

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Sabine Georgy

# Island

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formerly  
Signs by Jill

# Signs



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## SALTSPRING SOLILOQUIES

### "A Secret to Tell"

By **Jim Anderson**

There is a secret we have yet to uncover, you and I. A secret that we have kept buried. Yet, it has haunted us from that secret lair since the beginning. It cannot remain a secret any longer. It is time. The story must be told. We live our separate lives. We try to share, communicate, love and escape. We do our best. We always have. I touch, taste, hear and see. I live. It is a fulminating circle all around me. I suppose and suspect it is the same for you. But I cannot be sure. I simply do not know. No one has ever known the secret of what it is like to live another life. That impenetrable mystery still remains, yet instinctively it must be the same for us all. At the center for us all there is this vivid, vibrant "circle of light" that we experience and know as life. It is the convergence from which each of us radiate our existence and our consciousness. This each of us know. And we know this in separate isolation. It is a glory and a magnificence that is beyond translation. So we keep it

to ourselves. But even in that silence and that separateness, it connects us all in a common bond. A common destiny. A common dream. You and I live the intensity and rhapsody of life. This each of us know, even if we cannot translate and share it. We breathe. We live. We know the serenade and the song of being.

But also deep within us...deep within that visceral isolated knowledge is the stark truth and revelation that what we live is only a pinpoint of existence. It is limited. Incomplete. Fragmented.

And there is something also that deep within us we know. Somewhere within us all is the subliminal knowledge that this incomplete fragmentation is the root source of the insoluble mystery and enigma of our awareness...the confoundment of our existence.

And so the endless journey for Humankind is to heal that broken isolation. To somehow find a way to expand that pinpoint of existence we know as life to where it converges



*Jim Anderson is a writer living on Saltspring. He is working on a metamorphosis of the human mind. © 2010 by Jim Anderson, Saltspring Island*

with universe...with the whole. To belong. The saga of humankind has been the story of this quest.

For thousands and thousands of years human beings have been trying to do exactly this. We have tried to breathe life into universe and to find a way to live and know universe to the same intense degree that we know our own separate and discrete lives. We have fashioned an order and a configuration of universe built upon the part, and the discrete fragment that mirrors the irreconcilable isolation and separate "circles of light" we are condemned to live. And so we have laboriously learned to symbolize, define, order and quantify the universe around us. It has been an extraordinary, incredible and magnificent effort. But it has not been enough. And it is time we face the truth.

There is a secret hidden that we must dare to expose. We have failed. We have failed to truly live and know universe. We have not escaped the prison of our own isolated, separate and discrete lives. Beyond the pure brilliant light and true glory that each of us live in total, abstract and

discrete isolation everything else is only conjecture, approximation and careful contrivance. All we have created is simply the illusion of reality. We still do not know. Beyond the intense vibrancy and validity of our lives, we really know nothing at all.

So we must begin again at the beginning. What do we really know? Only the true reality of our lives themselves. Our own separate and incomparable "circles of light" that we live. Do we really and truly know anything else beyond this? No. Not really. The secret is that we are not as smart as we think we are. The secret is that we have to try something different. There is another way to truly live and know universe. And there is another answer...another secret to be found. There is a secret that now stands outside of beyond and speaks the language of eternity...of Union. It is a language we have yet to hear and understand. And it is a dream that has yet to be born.

Comments, criticism, compliments?  
Talk to me: [sevenunion77@shaw.ca](mailto:sevenunion77@shaw.ca)

## The Islands Marketplace HOROSCOPE

For your daily stars,  
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Bi-weekly horoscope contributed by Patrick Arundell. Visit his website at [www.patrickarundell.com](http://www.patrickarundell.com) for more great features... see below.

### **ARIES** Mar 21st - Apr 20th

It's all change in the heavens this week Aries, and most notably Saturn moves back into your sector of relationships, where it will reside for the next thirty months. As it goes face to face with the rebellious Uranus, in your sign, you may find yourself wanting to breakaway from a claustrophobic tie. But everything good, requires give and take. Don't be hasty.

### **TAURUS** Apr 21st - May 21st

It's said home is where the heart is, and this could turn out to be true of your place of work, for if your options seem limited, you may look to start a small enterprise in your own abode. Roles which are service based or linked to health care, food trades or gardening can also appeal. The more convenient these can be for you, the happier you can be.

### **GEMINI** May 22nd - Jun 21st

It's said that you have the quickest of minds and this week gives you a great chance to test this and yourself out. If you are finding a crossword you do rather too easy, step up to something more cerebral. If you enjoy board games, old fashioned favorites like chess can appeal. In romance, a tie can benefit from a straightforward exchange of views.

### **CANCER** Jun 22nd - Jul 23rd

You can be determined to manage your household budget with a beady eye. Even if you pride yourself on being prudent, there may be a service that you buy or a cost that you have, that can yet be reduced and you're set to be on the case. If work on your home is required, plans can be prepared and quotes gained from local trade's people.

### **LEO** Jul 24th - Aug 23rd

The Sun arrives in your sign for the first time in eleven months. After a lengthy period when it's probably been hard to focus, now you'll be back with a roar. Any worries will melt away, and with Saturn's support, the new energy you pour into situations can see your hopes take a large stride forwards. Two friends, may not however, rub along so easily.

### **VIRGO** Aug 24th - Sep 23rd

You can take delight in Saturn moving out of Virgo. This can see the atmosphere lift, but in all honesty your challenges can now just come up in different ways. For example, quirky ideas to earn extra money may be met with blank faces by both a partner and your bank manager. To get around this, do your research. Be prepared for their probing questions.

### **LIBRA** Sep 24th - Oct 23rd

Relationships have proved more unpredictable in recent weeks, and someone may feel that you have wanted to dominate proceedings. Now with the Sun's help look to openly discuss things. You may have forged some opinions because you are unaware of important details. What you learn now, can put a completely different slant on things.

### **SCORPIO** Oct 24th - Nov 22nd

You have hidden talents and now the Sun moves into your zone of ambitions, in the next month someone influential could tease these out of you. Over the next two years, an interest, job or project you began some while ago has the chance to really come to fruition, but this will require you to dig deep. Your emotional health also comes into focus.

### **SAGITTARIUS** Nov 23rd - Dec 21st

You may have been bogged down in the last few weeks, be it relationship politics and decisions or some deep soul searching. Now is the time to start to look upwards and outwards. You can be a very future orientated sign, and you can now get your attention firmly fixed back onto your horizons. One friendship may however have run its course.

### **CAPRICORN** Dec 22nd - Jan 20th

Your ruling planet Saturn moves back into your sector of responsibilities. It was last here in the spring, and since then some of your hopes may have been hampered by disputes or squabbles. Yet if you really want to climb the ladder of success, you'll have to work harder than ever. This should hold little fear for you, after all application is your middle name.

### **AQUARIUS** Jan 21st - Feb 19th

The Sun powers into Leo, your opposite sign, and this can be an opportunity to test yourself out against your rivals. If you have something you passionately believe in, this is the time to go for it. The next month can also be very important for your love life. Someone dashing can enter it or you have a chance to improve the harmony in a current bond.

### **PISCES** Feb 20th - Mar 20th

A relationship has proved tricky but addictive. Now you're asked to cast aside any illusions and see this for what it is. Financially, this is a time to become more hard-headed. It's possible that an income stream which has stood you in good stead in the past will dry up. Yet if you have a bright idea, tell the boss, it could turn out to be a surprise winner.



# Keeping it Reehl

By Chef Georgiana Reehl

## Fabulous Herbs and Spices

Let's start with Parsley, shall we! Also known as (*Petroselinum crispum*) Parsley is now grown all over the world – it originated in the eastern Mediterranean region. For more than 2,000 years, it has been known as a medicinal herb. The ancient Greeks valued the seeds and roots of the plant for their soothing, diuretic effect on those with kidney and bladder ailments. Today parsley is still used primarily as a diuretic. In addition, it strengthens the digestive system and helps alleviate stomach and liver problems. Parsley leaves are a good source of many vitamins and minerals – including iron, which is important for proper formation of red blood cells, and also potassium and vitamin C.

Parsley for Osteoporosis – to fight against osteoporosis, sometimes high doses of calcium are taken in supplement form. However, this can impair the body's absorption of manganese, which helps build bone. But! Parsley enhances manganese absorption, particularly when it is eaten with foods containing copper and zinc, such as shellfish and whole grains.

Herbs and spices have been used by us for centuries. There are even cave drawings at Lascaux that show herbs being used more than 15,000 years ago. We have always benefitted ourselves by adding spice and flavour to what we eat, and thereby improving the quality and enjoyment of our lives. I could never live and cook without herbs or spices, I would certainly be lost without them.

My favourite spices are Cumin, cloves, cinnamon, coriander, cayenne and cardamon. Funny how they all start with C! Hmmm! I also enjoy Fresh saffron, which is expensive and strong in flavour. It should be used sparingly. Cumin originally came from Iran and the Mediterranean. And not only is it a flavourful and aromatic spice - it has also had an interesting history as a powerful medicinal herb.

Cloves were one of the first spices to be traded over the high seas. They are native to the Moluccan Islands in the 16th century. And, cloves were once more valuable than gold, believe it or not! It gets its name from the French word "clou", which means nail. And they do look like small nails.

Coriander - the Chinese associate coriander with immortality, and in Greek, Roman and Egyptian times it was considered an aphrodisiac and used in love potions. Hmmm!

I really love Cayenne Pepper and it also has a rich history. For the Aztecs a mixture of chocolate and red pepper chillies was an exotic treat that was exclusively saved for Royal priests.

Cinnamon is actually the dried inner bark of the laurel tree. It is one of the world's most favourite medicinal herbs. Once it was rare and only the elite could afford it. Now it is commonly used everywhere. In ancient times it was prized because it masked the smell and taste of spoiled meats.

And Alas! The delightful taste of Cardamon is something I really enjoy in my dishes. I find it is particularly tasty crushed in eggnog, with grated cinnamon...and with a spike of brandy poured over ice. Yummy!

\*The exotic and interesting history of culinary herbs reminds us again how the art of cooking is such a collage and combination of people and history and is so closely intertwined with the story of civilization. And there is always something unusual and interesting to learn to make cooking and preparing food for the special people in your life such a pleasant and lovely experience.

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### Parsley Spread

- 2 bunches parsley
- 2 shallots
- 1/2 cup heavy cream
- 1 cup cream cheese
- 2 tbsp. lemon juice
- Salt/White pepper
- 2 scallions
- 4 large tomatoes
- Cayenne pepper

Coarsely chop the parsley. Peel and dice the shallots. Mix together the heavy cream, cream cheese, lemon juice, parsley and diced shallots, season to taste with salt and pepper. Peel the scallions; cut into thin rings. Dice 2 tomatoes, season with salt and cayenne pepper to taste; mix with scallions. Cut the remaining 2 tomatoes into 1/2" slices. Cover them with parsley spread and top with the tomato – scallion mixture.

Thanks for reading ~ and enjoy! Georgiana

## THE ISLANDS Marketplace **SUMMER CONTEST**

### SCAVENGER HUNT

Be the first person to call The Islands Marketplace at 250-537-2905 and correctly answer the clues below to Win Great Prizes!!!

- 1.) This building and location was Salt Spring Islands first hospital... name the building/business and location.
- 2.) Where can you find the forest where the fairies live, indicated by their little doors?
- 3.) Bubbles, bubbles, bubbles float through town, from where do the originate??
- 4.) There are two brass props on shore located about 100 feet (or so) apart from each other. Where is each one located?
- 5.) Where can you find the MV Cy Peck's wheelhouse?

Rainbow Road Indoor Pool



Saltspring Sound (& Books)



**RULES & REGULATIONS:** Contest not open to employees and direct associates, owners of the Islands Marketplace or sponsoring businesses.. Entries must correctly identify specific Salt Spring Island locations. Contest open to those over 19 years old. Call 537-2905 for more details if needed.

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FREE 10 card punch pass to Rainbow Road pool, when you correctly answer & enter the Scavenger Hunt contest on Page 17....

**WIN GREAT PRIZES!!!**  
Check out the Scavenger Hunt Contest on page 17

**SUDOKU ANSWER**

1	9	7	4	6	5	3	8	2
3	4	2	1	7	8	6	5	9
8	6	5	3	2	9	1	7	4
9	1	4	7	8	3	5	2	6
2	8	3	5	4	6	9	1	7
5	7	6	9	1	2	8	4	3
4	2	9	8	3	1	7	6	5
7	5	8	6	9	4	2	3	1
6	3	1	2	5	7	4	9	8

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The Islands Marketplace offers free ads to non-commercial advertisers, for a duration of 3 issues. Leave a message at 537-2905 with ad description and phone number or email your ad to [freeads@islandsmarketplace.com](mailto:freeads@islandsmarketplace.com); upload your ad: [www.islandsmarketplace.com](http://www.islandsmarketplace.com); drop it off at our Apple Photo Drop Box or see page 2 for mailing address. For Rent and Help wanted ads are commercial listings. Rates for commercial ads are 20 cents per word or \$7/column inch.

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Dresser, 6 drawers with mirror and glass top. \$80. Wicker 5 shelf nic-nac stand. Oval top. \$20. 537-2967. 08-20

Approx. 4' round burl coffee table with handmade wrought iron support. \$300. 250-537-1332. 08-20

White metal trundle bed 40"x79", \$600. Vintage metal hospital bed frame with rails and spring, \$50. Email [levyfamily@telus.net](mailto:levyfamily@telus.net) or call 250-537-1717. 08-20

Wood veneer entertainment center-\$325; pool table (slate..pockets need some tic)-\$100; wood frame futon-\$200; coffee table and end table-\$50; beautiful white metal queen size headboard-\$200. Phone: 250-537-2838. 08-20

Love Seat Vanilla \$25, Queen Bed w/ frame \$20, Dusty Rose Chair \$10. Please call 250-537-9169 for more info. 08-20

Steamer Trunk; 1940s, original interior, 4 drawers and hangers. 42"x22"x15". Excellent condition. \$85 obo. 250-931-2455 Saltspring. 08-06

Two dining room tables in excellent condition; one teak and one solid oak. Also love seat and sofa, Please call 537-5224 for an appointment to view. 08-06

Desk- Solid Oak; drawers and 2 file drawers. Phone: 250-537-9225. 07-23

**GARAGE SALES**

Estate sale, Sat. July 24 and Sun, July 25, 9am to 2pm, 375 Musgrave Rd. Walker, commodes, pottery, many books, classical LPs, furniture, dishes, garden pots and much more. No early birds!!!!

100 plants and more, toys, tools, books, linens and kitchenware. Sat. July 24. 230 Cranberry Road. 9am. 537-9965.

The SSI Co-op Preschool is hosting a HUGE children's swap meet on Saturday August 7, at the pre-school on Aldous Road. We are renting tables for \$15-20. This is an excellent opportunity for you to sell your used children's clothing, toys, books, baby gear, sporting equipment etc. Please call Michelle to reserve your table! 537-5533

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3 night table lights (quite ornamental). \$75. Call 250-537-1332. 08-20

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Conscientious, healthy, quite female, non smoker(40), seeks long term house sitting/property management/maintenance position for all or some of fall/winter season. Reliable, responsible, tidy and trust worthy. Excellent with pets and plants. Exemplary references. Flexible dates. On Saltspring until July 26th. (250)551-6454. 08-20

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Married retired teachers leaving Egypt after a hot, dusty year are seeking a rainy winter on Saltspring caring for your home as lovingly as if it were ours. Available Sept through to summer 2011. Email: [jdelparte@gmail.com](mailto:jdelparte@gmail.com). 07-23

**LOST & FOUND**

FOUND!!! My keys. Thanks Alia...

**MISC. FOR SALE**

15 plastic carboys, 2 fermentation barrels, airlocks, thermometer, 800#1 corks, 500 bottles matched. \$290. 250-537-1332. 08-20

Large adjustable quilt frame. Adjusts up and down, larger and smaller. Great for one or up to four to quilt at one time. Phone: 537-1194. 08-20

"Oriental" 11' long wool rug (hall runner). Design in light, soft colours. 250-537-1427. 07-23

**MOTORCYCLES & ACCESS**

1980 Kawasaki 550 LTD, rebuilt carbs, new battery and shop manual, good looking & good running. \$1000. 1977 Kawasaki KZ 400, new tires, battery and o-ring chain, only 7000 orig. kms, great shape, collector plate eligible, \$1500; 1983 GL 650 Silverwing interstate Honda touring bike, new battery and shop manual, good daily running, rare model, needs some cosmetic work, \$1000 obo. Call Jim 537-4655. 08-20

Motorino electric scooter, 2 years old, 770kms, suitable for town use, \$1200 obo. Doc at 250-653-9688. 08-20

1988 Maxim Yamaha 750 cc motorcycle. Stored inside and only used in good weather. In very good condition \$1995. Phone: 250 537 8398. 08-06

**MUSICIANS**

Local Musicians! Get listed Online in The Salt Spring Musicians Directory. It's Free! Go to [www.vollent.ca/saltspringmusiciansdirectory](http://www.vollent.ca/saltspringmusiciansdirectory) or email [dvollrath@saltspring.com](mailto:dvollrath@saltspring.com) with your contact info.

**MUSICAL INSTRUMENTS**

1960s Kay Jumbo Acoustic Guitar N2. Looks to be 1963-ish. Big sound, vintage ladder-braced acoustic similar to Lightning Hopkins' guitar. Phone: 250-538-5549. 08-20

Nearly new Yamaha V7 violin. Retail for \$1200. Played only 6 months. Asking \$800. Call Deb at 250-526-0129. 08-06

**Call 537-2905 to place your ad today. 100% locally owned & printed on Salt Spring Island.**

**CROSSWORD PUZZLE ANSWERS**

Answer for this issue's puzzle

Provided by BestCrosswords.com. Used with permission.

T	A	L	C	S	T	E	N	C	O	L	O	R	
A	L	A	R	P	O	L	O	A	M	O	R	E	
I	L	I	A	H	Y	S	T	E	R	I	C	A	L
L	A	R	V	A	E	E	M	U	T	O	N	Y	
A	G	R	A	E	R	S	T						
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**OFFICE ITEMS**

Scanner and laser printer, \$30. 250-537-1332. 08-20

Brother all in one printer, new ink supply, 50.00; sharpe fax machine. 20.00; Phone: 250 537 1802. 08-20

Filing Cabinet- solid oak; 2 drawers; \$25. Phone: 250-537-9225. 07-23

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By appointment Ph./Fax: 537-5115

**RENTALS**

Beautiful modern and furnished two-bedroom cottage with covered balcony, surrounded by forest and fields of flowers with garden, tasty well water, walking trails to blackburn lake and salt spring yoga centre. hardwood floors, skylights, WD. 8 minute drive from ganges on dukes road. seeking quiet individual or couple, NP and NS. available from july 11th to end of august. \$850 a month, including hydro, high-speed internet and phone (long distance not included). Phone: 250-930-0039. 08-06

Sweet Cabin 2 bedrooms, W/D, NS NP, north end, \$900 per month (util incl) Phone: 250-537-5836. 08-06

Spacious room in sunny, south-end heritage home. Pastoral views, mountain hiking trails, minutes to beach. The room is semi-private, has its own phone-line, separate 2-pc. bathroom and separate entrance. Fir floors, partly furnished (if necessary), electric heat, large closet and ample storage space. Share the kitchen, workshop, washer/dryer and garden. By car, about 10 minutes to Ganges, and 5 minutes to Fulford. Suit employed, healthy living, close to nature and non-smoker. Sorry, no pets. References appreciated. \$500 per/mo - includes utilities. For details call: 653-0005. 08-06

**RENTALS**

Ocean and mountain views, south facing 2 bedroom + den in Vesuvius. Unique character with stained glass, new bath, floor coverings and paint. Need caring, professional meticulous long term tenant. N/s, N/p, Electric heat. \$1200/month. 250-744-6979. 07-23

**RENTALS WANTED**

Young professional couple seeking a well-appointed, furnished 3+ bedroom Salt Spring home for September through December. Preferably ocean-front, and close to hiking trails. Must be quiet, non-smoking, and have high-speed internet access. Phone: 807-483-5838. 08-06

Responsible woman with regular income is looking for small cabin, very rustic, off grid ok. for long term rental or spot to park RV with elec. & water hook up. Price neg. (250) 538-8033. 07-23

Working couple from Galiano looking for 1-2 bedroom rental for Sept-June on a long term basis. 250.539.9881. 07-23

Seeking 2 or 3 bd dwelling for mid-30's mom and two kids age 13 and 7. No parties, booze, drugs or dogs. Up to \$1000/mo incl. W/S or F/P preferred. Laundry facilities a plus. references if needed. Seeking for Sept 1 / 2010 (or Aug.1/2010) THANK YOU. Phone: 250-653-9835. 07-23

We are a young couple looking for a place to stay for the summer while working on Galiano. We're open to a variety of arrangements, basement, cabin or tree-house. Please contact us if you've got something available! Thanks, Hayley and Scott. 250-385-0972. 07-23

1-2 Bedroom Accommodation required for family of 4 relocating to Saltspring to be close to family. Quiet, mature, professional. Island references available. Long term for \$1000/month or less for August 1st or sooner. 1-250-537-9369. 07-23

**RIDESHARE**

Two island girls looking for a lift up to shambalah! share gas and have a blast. Email: ria@okuda.ca. 08-20

♻ please recycle ♻

**RVS & CAMPERS**

24 ft, corsair, self contained including on board onan generator, \$8500.00 obo. Phone: 250 537 1802. 08-20

2003 Titanium fifth wheel 29/34 fully loaded in excellent condition, winter package, thermopane windows, full bath with shower, oak cabinets, queen size bed and sofa bed, full rear window, free standing kitchen table, could live all year round \$25000. 250-537-8398. 08-06

**SPORTING GOODS**

Fishing Tube with wetsuit and fins. \$100. Call 250-653-4782. 08-20

SCUBA regulator with depth and pressure gage \$50, flippers \$40, wetsuit for 6'1 slim \$50. 250 537 9774. 08-06

**TOOLS**

Tool Package: 10" table saw, 12" band saw, 12 1/2" planer, 6" jointer, 25 gallon compressor. All with manuals. \$1500. Phone: 250-537-9990. 07-23

**WANTED**

Single woman in need of trailer for one, Yay airstream, free, barter or work trade, please call 250-930-3303. 08-20

Howl Magazine - Island Culture. Request for submissions. Literature, poetry, photography, fine art, community interest. Phone: 250-935-0312. 08-20

25 speed mountain bike for a reasonable price, call after 7pm. Phone: 250 930 0377. 08-20

♻ please recycle ♻

**WANTED**

A high-standing foldable chair...similar to a stool but FOLDABLE.. \*reasonable price\* call after 7pm. 250 930 0377. 08-20

\*bulletin board\* have one just laying around?? love to take it off your hands. Call after 7pm. 250 930-0377. 08-20

Looking for a used preferably wooden high chair for visiting grandson. Please call 653-9573. 08-06

French Bohemians Georges & Cerika are looking for Motor home parking location in exchange for help, services and/or \$ - Will to share & nurture win-win situations - Meet us at Saturday Market ("Bohemian Arts" booth) or phone# 951-263-4940. 07-23

**WORK WANTED**

Housecleaning Available - Non smoking mature women available to clean your home or Guest house. Very organized and efficient. Avail MON-FRI \$20 per Hr. Child/Pet Care Avail. SSI Resident. Phone: 250-538-8113. 08-06

Trustworthy reliable Saltspring woman (60). Caretaker. Home property, pets, artist assistant, live/work or housesit. Long term. Island resident with refs. Emstarwa lkergray@netscape.net 07-23

Housecleaning now avail. \$20/hour. 250 537-0239. 07-23

Detail oriented and highly responsible American/Canadian/Italian seeks situation as custodian or sitter for your hotel, home or boat this winter. References. Steven R. Kronenberg lacornucopia@sideralia.it.

**WANTED TO BUY:**

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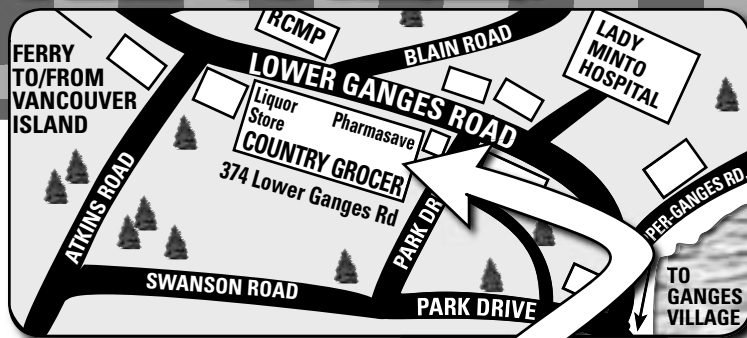
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