SELF ISOLATION GUIDE

Quaran-Tunes Music List

1. Dont Stand So Close to me - The Police2. Too Much Time on my Hands - Styx3. Dancing with Myself - Billy Idol

4. Keep Your Hands to Yourself - Georgia Satellites

5. You Can't Touch This - MC Hammer

6. Don't' Come Around Here No More - Tom Petty

7.I Ran So Far Away - The Flock of Seagulls

8.1 think We're Alone Now - Tiffany

9. All By Myself - Eric Carmen

10. Alone - Heart

SOCIAL DISTANCING PICK UP LINES

- If Coved-19 doesnt' take you out, can I?
- Is that hand sanitizer in your pocket or are you just happy to be within 6 feet of me?
- Since all the public libraries are closed, I'm checking you out instead
- · You can't spell virus without U and I
- Baby, do you need toilet paper?
 Because i can be your Prince Charmin.
- I saw you from the across the bar. Stay there.
- · Without you my life is as empty as the supermarket shelf
- · Hey Baby! Can i ship you a drink?
- You can't spell quanantine without "URAQT"
- · I really can't stay. Baby It's CVODI outside.



Tommy's Quarantini

Created exclusively by Mixologist Tommy Messer

First you need to make yourself a drink, like an old fashioned with smoked chilli and orange bitters. Then you need to sterilize everything around you... because that's what we do these days!

You are going to need a one litre glass jar packed full of ice... not a shaker because this isn't a real martini. Get your ingredients together:

- Saltspring Shine Local Gin
- Yerba Matte Guyaki
- · Mama Moonshine Elixir

Take a sip of your old fashioned and then pout 6 ounces (or more) of gin into the jar of ice.

Add 2 big healthy shots (2 ounces) of Mama Moonshine full of ginger, turmeric, lemon

Add some citrus, over ice jar... juicy

Lime squeezed over the jar...

Top it off with yerba tea and add a bit of soda... any soda will do.

Garnish with cucumber and cut it long and tall, add lemon, lime and cuke and there you have your Homemade Isolation Party in a jar.

Give it a stir!! swizzle and a guzzle.

Do that on repeat until your next door neighbours tell you to put your clothes on and get out of their yard!

Visit our Facebook Page to see the Tom's Video

CORONA BEER CHANGES THEIR NAME TO AVOID ASSOCIATION WITH THE CORONA VIRUS OUTBREAK

